Dear ILADS Member,

Dear Member, Hope that everyone is having an enjoyable summer. We have had a lot of positive feedback regarding our new member website and welcome any further suggestions. Registration for the Boston conference has been especially vigorous due to the excitement this year's special meeting is generating. Please continue to send us any news between issues either directly or through our member website.

Editors: Andrea Gaito, MD, Barbara Buchman, Exec. Director ILADS

PRESIDENT'S MESSAGE

Greetings Colleagues,

The Third Annual European-ILADS Conference-2012 was held at the University of Klagenfurt in southeast Austrian province of Carinthia on May 18-19. The conference, entitled Making a Difference in the Diagnosis and Appropriate Treatment of Lyme and Its Associated Diseases, was a resounding success with more than 130 professionals from 18 countries attending the two-day event. Supporters included the major hospitals in Carinthia, both KABEG and the Elisabethethinen as well as a number of private American and European exhibitors. Furthermore, the Governor of Carinthia, Gerhard Dorfler, and the Mayor of Klagenfurt, Christian Scheider sent welcoming messages to the attendees and had personal representatives on hand to demonstrate their commitment to finding better diagnosis and treatment for their Alpine citizens. At the opening ceremonies, Albin Oblitschnig, M.D., Conference Host and a highly-respected orthopedic surgeon from Klagenfurt joined Leo J. Shea III, Ph.D., President of ILADS in welcoming the attendees to the conference. The goals of the program were to: 1) share with our European counterparts the latest medical information on the diagnosis and treatment of tick-borne diseases, 2) explore the pathophysiological mechanisms that apply to the diseases and, 3) encourage greater research and clinical collaboration among university scientists, institutional researchers and community clinicians.

On the first morning Ann Corson, MD made two presentations related to biological medicine and Lyme and what is needed to understand pediatric Lyme. The enthusiasm of the audience was apparent in the multiple questions asked during the Q&A session. An elegant twilight reception for conference attendees and government officials was held in the Castle Maria Loretto in Lake Worther at the foot of the Alps in Klagenfurt- a perfect ending to a perfect day.

Following welcoming amenities the on the second day, Dr. Oblitschnig addressed the conference on peripheral nerve lesions and Lyme and this was followed by Joseph Burrascano, M.D. who provided the audience with a primer on the history of Lyme and its basics. After a refreshment break, Christine Green, M.D. lectured on stealth pathogens and Sam Shor, M.D. presented information from his comparison study between Chronic Fatigue Syndrome and Lyme. During the morning Q and A session, the audience again demonstrated its sustained interest by asking the panel members so many questions that it extended into the scheduled lunch hour. Following lunch, Leo J. Shea III, Ph.D presented on the problems of neuropsychological misdiagnosis followed by Dr. Steve Harris on antibiotic treatment, Lyme and co-infections. After the strudel and schalg break, Dr. Green presented on Lyme/TBDs and the efficacious ways to treat them and Dr. Shea delivered the presentation of Robert Bransfield M.D., who was not able to attend the program. Closing remarks were offered by Dr. Nicolaus. The audience expressed their enthusiastic appreciation to the speakers and organizers and had already begun asking about preparations for next year’s European conference. Presenters and organizers were pleased with the response and generally agreed that the conference was an unqualified success having met all the stated goals.

Jyotsna Shah, representing Nick Harris of IGeneX, generously and graciously hosted a post-conference dinner for all the speakers and their spouses.

As added benefit in having the ILADS conference at...
questions during the extended morning Q and A session. Following an authentic Austrian lunch with regional foods, the afternoon session convened. Carsten Nicolaus, M.D. spoke on naturopathic approach to Lyme and he was followed by Steven Harris M.D. who discussed non–antibiotic approaches to Lyme and later Lee Cowden, M.D. who spoke on the impact of neurological diseases and borreliosis. After a strudel and schalg break, the audience heard from Armin Schwarzbach, M.D. on the diagnostics of Lyme and then Ginger Savely, DNP on the use of CD57 and NK cell count as marker for Lyme.

As added benefit in having the ILADS conference at Klagenfurt! Our conference coincided with a conference at which the Dalai Lama was the keynote speaker. Thus, a number of the ILADS speakers had the opportunity to meet the Dalai Lama as he was staying in the same hotel as the speakers.

Leo J. Shea III, Ph.D.
President, ILADS
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ILADS Boston Conference Updates

Free Live Streaming of the 2012 Boston ILADS Lyme Disease Conference

Watch ILADS Lyme disease conference LIVE as leading professionals examine the cutting edge research and state-of-the-art clinical applications in the treatment and diagnosis of Lyme disease. Much of this year’s conference, which takes place Friday through Sunday, November 2-4, 2012, will stream live online. This year’s conference is the biggest ever, with 51 presentations in plenary and breakout sessions which will emphasize allopathic and integrative medicine innovations in patient treatment.

NEW! This year is a Breakout Session focused entirely on the Lyme Disease Disability Process.

Register online to be notified of the Live Streaming Schedule.
New Sponsorship Opportunities!

The 2012 Boston Conference exhibition gives ILADS meeting attendees the opportunity to learn about the latest developments in products and services to facilitate the health care providers' ability to offer the best to their patients.

By exhibiting at the 13th Annual Meeting, you will have face-to-face contact with leading researchers and practitioners of Lyme and tick-borne disease medicine. Participating as a sponsor provides an unmatched opportunity to introduce your organization to these professionals. This year we have new opportunities that enhance your visibility before, during and after the meeting with corporate support opportunities, marketing and promotional tools.

Boston ILADS Conference Sponsors

ILADS is pleased to announce that three exhibitors have gone above and beyond by sponsoring enhancements for our registrants.

IGeneX will be hosting a meet and greet networking event in the exhibit area on Friday night. There will be a cash bar and ample food.

Researched Nutritionals is hosting the Friday lunch. Take a box lunch and sit back in the scientific session room to hear Kenneth Bock, MD speak on "Immune Modulation & Clinical Applications of Transfer Factor".

Lee Silsby Compounding is sponsoring breakfast on Saturday morning. Take your coffee and bagel in to the scientific session to hear Tom Moorcroft, DO and Phillip DeMio, MD. They will have a short presentation of the results of a pilot study and biochemistry of how Lee Silsby's turmeric product works.

3rd European ILADS
The third ILADS European conference took place at the University of Klagenfurt, Austria on the 18th and 19th May 2012.

The setting was idyllic with much snow remaining in the surrounding mountains yet temperatures were high and the sun shone from dawn until dusk. The city was in festive mood and the town had the honour of being host to the Dalai Lama who was staying in the same hotel as many of the delegates of the ILADS conference.

The first day of the conference covered what was termed an “integrative approach to Lyme disease”. Few would doubt that a good health practitioner will always act in a holistic manner. This involves giving consideration to a number of issues including patient lifestyle, psychological factors, social factors and nutrition. Taking into consideration a patient’s beliefs, religious or otherwise, will also be important. Any other approach is likely to leave a patient feeling undervalued and such a patient is not likely to have confidence in their healer. A surgeon who operates without communicating with his patient may be a good surgeon but not a good doctor. Similarly a doctor who provides only a prescription for a patient may be offering good treatment but factors impairing healing may be overlooked.

Our obsession with modern technology can lead us to ignore the experience of healers from past generations. This is recognised by Ann Corson MD who gave the first talk of the conference. Dr. Corson appreciates both the value and limitations of allopathic treatment for Lyme disease and has found benefit in applying an ancient Chinese healing approach for her Lyme disease patients. Dr. Corson also gave the second talk of the conference in which she shared her experience in working with children with Lyme disease. Young children are always challenging patients as they cannot effectively communicate information about their symptoms. Dr. Corson has noted that tick borne infections can result in highly disturbed behaviour in some children. Dr. Carsten Nicolaus is Medical Director of the Borreliose Centrum Ausberg (BCA) clinic in Ausberg, Germany and he described an approach to Lyme disease he has used inhis clinic for the last five years. The approach is holistic using physical therapies, herbal remedies and nutritional supplementation alongside traditional antibiotic therapy and medications for symptom control. Dr. Steven Harris MD detailed his approach to the diagnosis of tick borne diseases and noted the properties of numerous herbal...
remedies which he has found useful in their management. Dr. Harris alluded to the Cowden protocol which some patients with Lyme disease have found useful. Dr. Lee Cowden himself gave a presentation addressing the issue of whether tick borne pathogens could be a factor in the development of some neurological conditions. Dr. Armin Schwarzbach works as a laboratory specialist at BCA. He gave a talk reiterating the deficiencies of the current tests for Lyme disease and estimates from his own data that 40% of patients with Lyme disease are sero-negative. Dr. Schwarzbach noted that the CDC has approved the Lymphocyte Transformation Test for the diagnosis of Tuberculosis and he believes the test should be approved for use in the diagnosis of Lyme disease. The final talk on day one was given by Ginger Savely DNP. Ginger Savely has collected data concerning CD 57+ NK cell counts in patients with Lyme disease. CD57 NK counts are known to be reduced in many patients with Lyme disease but Ginger Savely believes the test should not be carried out too more effective treatments for Lyme disease patients.

Chronic Fatigue Syndrome (CFS) is a common debilitating condition and most CFS guidelines recommend excluding Lyme disease before the diagnosis is made. Dr. Samuel Shor MD presented his published findings which suggest that when extended criteria are used for diagnosis over 60% of patients with CFS in a Lyme endemic area had evidence of Lyme disease. Leo Shea PhD gave a talk stressing the need for an appropriate neuropsychological assessment in children and adults with Lyme disease. He pointed out that failure to recognise the cognitive dysfunction in these patients can have disastrous consequences for both the patients and their families. Leo Shea also gave the final presentation of the conference for Dr. Robert Bransfield MD concerning neuropsychiatric interventions.

ILADS is still quite new and relatively unknown in Europe. The 2012 conference in Klagenfurt should go some way to increasing awareness of the tick borne diseases and help ILADS achieve its' goals on the international stage.

Dr. David Owen
ILADS Member, Cardiff, UK. June 2012

ILADS AUSTRIA PHOTO GALLERY

Ginger Savely, DNP, and husband Hutch, enjoy an authentic Austrian meal.

Speakers Ann F. Corson, MD and Leo J. Shea, III, PhD, ILADS President in Klagenfurt, Austria

Dr. and Mrs. Carsten Nicolaus relax during the ILADS Klagenfurt conference.

ILADS President Leo J. Shea, III, PhD; Ann F. Corson, MD; Samuel Shor, MD; Christine Green, MD at the ILADS Klagenfurt meeting

Klagenfurt Program organizer, Albin Obitschnig, MD and other registrants wait for the meeting to begin.
Recent ILADS Members

We welcome the following new members:

- Jody Bowle-Evans, MD - Creemore, Ont.
- Gregory Brown, MD - Franklin, WI
- Gavin Chartier, MD - Vincennes, IN
- Kristy Fassler, ND, DHANP - Portsmouth, NH
- Mischa Grieder, ND - Redwood City, CA
- Trish McCleary, Advocate - Sturbridge, MA
- Thomas LaCava, MD - W. Boylston, MA
- Jena Peterson ND - Seattle, WA

ILADS Platinum Dinner

The ILADS Philanthropy Dinner will be held this year on Thursday, November 1, 2012 in Boston, Mass. The annual dinner honors guests who have donated to ILADS at the platinum level. This year those attending will have the opportunity to sample cuisine at one of Boston’s finest restaurants while enjoying the company of their colleagues and friends. For information on attending the dinner, please contact Barbara Buchman at Lymedocs@aol.com.

Obituary

Dr. Gerald Weiss, 52, of Palm Desert Ca, passed away on Saturday, June 2, 2012 in a tragic bike accident in Indian Wells, Ca. He was a graduate of University of Pittsburgh Medical School and completed his residency at Albert Einstein School of Medicine in the Bronx. He was an extensive researcher, and practitioner in the field of Lyme disease. Dr. Weiss leaves behind his wife and two children.

Letter To The Editor:

I was pleased to see my research recognized in the ILADS newsletter. Migratory birds are bringing the infected ticks with them into Canada from the US and South America so it is an international problem, and the reason why patients do not have to go to an endemic area to contract Lyme disease. These immature infected ticks are dropped randomly here and there ready to get their next blood meal from an innocent person. Thanks again for the article.

John D. Scott, M.Sc Fergus, Ont.

Congressional Hearing: Global Challenges in Diagnosing and Managing Lyme Disease - Closing Knowledge Gaps

Recap of House Committee on Foreign Affairs, Subcommittee on Africa, Global Health, & Human Rights held a hearing 2PM, on Tuesday, July 17, 2012 in 2172 Rayburn HOB in Washington, DC. The hearing, Global Challenges in Diagnosing and Managing Lyme Disease - Closing Knowledge Gaps.

WITNESSES:

In his opening statement, Congressman Smith, D-NJ, Chair of the subcommittee, indicated that representatives from the IDSA, CDC and NIH were invited to participate but declined due to scheduling.
Approximately 50 people were in the audience. They appeared to be mostly Congressional staffers. The balance in attendance were Lyme patients. Notable guests included Barbara Buchman, Executive Director of lymedisease.org; and Monte Skall, Director of natcaplyme.org; and Susan Green, Lyme attorney.

Other than Congressman Smith, Karen Bass D-CA was the only other Committee member in attendance. Rep. Bass left after she gave her opening statement. Congressman Wolf R-VA and Congressman Gibson R-NY also attended the hearing and made supportive comments.

Stephen W. Barthold, Ph.D. re-capped his research showing persistent infection in monkeys despite antibiotic treatment, referring to metabolically viable organisms. He explained that researchers follow the money and that if enough incentives were given, there would be more research done. He underscored that people on both sides of the issue are “good” people but that they just look at the issue from a different perspective.

Raphael Stricker, M.D. gave the ILADS point of view. He emphasized the fact that the IDSA clinical guidelines only address the immediate bite. He added that we need national protection for treating doctors, better diagnostics from NIH. He urged the group to look at the evidence of persistence of Bb. 70% of patients will respond to current treatment methods.

PRACTICING ETHICAL GUIDELINES FOR ILADS MEMBERS

In 2010 the following Ethical guidelines were drafted by the Ethics Committee and presented to the membership at the Annual meeting. Since that time, our membership has grown substantially, and many of our new colleagues may not be aware of the specific points and practice parameters contained within the guidelines. The purpose of the document was not only to illustrate the core values of the ILADS philosophy, but additionally to safeguard the society against any unethical personal or professional behavior among the membership. Please take a moment to read through this list in its entirety.

Andrea Gaito, MD, Chairperson, Ethics Committee

ILADS: ETHICAL GUIDELINES

- The aim of these ethical guidelines is to promote
- Communication between members shall not contain
excellence, respect and professionalism amongst academic and nonacademic members, in our dealings with each other, and with those to whom we provide services. We commit to following the core values of integrity, confidentiality, impartiality, accountability and honesty.

- The term “ethical” refers to matters involving moral principles or practices and matters of social policy involving issues of morality and character.
- Each member shall uphold the standards of professionalism and be honest in all personal and professional interactions.
- Each member shall respect the confidentiality of matters specific to ilads and refrain from distribution of any sensitive material to outside sources.
- Each member shall respect the viewpoint of other members with courtesy and encourage productive debate when indicated.
- Each member shall refrain from speaking ill of other colleagues or members.

- Members shall not charge or collect an illegal or excessive fee from patients for their services.
- A member shall abstain from voting on an issue in the event of a conflict of interest. A conflict of interest is deemed to exist when there is a substantial threat to independence of judgment created by personal interest.
- A member may not speak as a representative of ilads without prior approval to do so by the Board or president.
- A member shall not commit fraud or engage in other illegal activities.
- Any complaints involving unethical behavior shall be reviewed by the Ethics Committee in a timely manner. If the complaint seems valid, the committee shall then present the information to the Board for discussion. The credibility of any association depends on the integrity of its leaders. The first response of an association must be to label the unethical behavior for what it is and take appropriate action.

ILADS LYMETEAM - Help Train A Doctor

You may have Lyme. You may be a physician. A nurse. Or an activist. But whoever you are – Get involved by becoming a LymeTeam Member.

By purchasing the LymeTeam Tee Shirt and telling your story, you raise funds to help train physicians while at the same time bringing awareness to the need for Lyme disease training for physicians worldwide. Let your voice matter.

It takes all of us doing what we can to make a difference. Without the support of people like you, the number of those immune system and the diagnosis, which is largely based on symptoms, can be elusive unless a physician is Lyme-literate.”

ILADEF’s mission is to raise funds to train physicians in the diagnosis and treatment of Lyme and tick-borne disease and educate people in the battle against Lyme disease through international events each year. Lyme disease left
suffering with undiagnosed Lyme disease will continue to grow.

"Lyme disease is a silent epidemic in America. We want to alert and educate consumers about this disease, which is often misdiagnosed. Left untreated, it will become chronic and debilitating," said Leo J. Shea, III, PhD, President of the non-profit International Lyme and Associated Diseases Society (ILADS). “Tick-borne illnesses compromise your untreated steals life and impacts far too many of our loved ones.

So get involved. Become A Lyme Team Member by purchasing a Tee Shirt and donate funds to ILADEF to train a doctor today.

JOIN LYME TEAM